

Plan First Program Frequently Asked Questions

New Jersey's Family Planning Program

1. What is the Plan First Program?

The Plan First Program is a separate program administered by NJ FamilyCare. Plan First is a limited benefit program, which provides family planning services only. The program is designed to provide a full range of family planning services to people who do not have access. Family planning services do not provide basic healthcare coverage such as routine care.

2. Does the Plan First Program provide comprehensive health insurance coverage?

No. Enrollment in Plan First will not provide health insurance coverage. New Jersey residents are required to maintain essential health coverage through an individual health insurance mandate. Health insurance mandate information is available at: <https://nj.gov/treasury/njhealthinsurancemandate/index.shtml>

3. Who is eligible for the Plan First Program?

- Women and Men
- Not currently pregnant or sterile
- US Citizens or Qualified Immigrants
- New Jersey Residents
- Individuals whose income is greater than the NJ FamilyCare Medicaid limit of 138% but below 205% of the federal poverty level. Please see the chart below for the 2022 maximum gross annual and monthly incomes for each household (HH) size.

HH	Plan First 205% FPL	
	Annual	Monthly
1	\$27,860	\$2,322
2	\$37,536	\$3,128
3	\$47,212	\$3,935
4	\$56,888	\$4,741
+1	\$ 9,676	\$ 807

4. What services are covered under the Plan First Program?

Services include, but are not limited to, the following:

- Most birth control methods including condoms, pills, the shot, and IUDs. A prescription is required for all methods.
- Family planning counseling
- Pregnancy tests
- Tubal ligations and Vasectomies
- Family planning lab tests

5. How can I apply for the Plan First Program?

The NJ FamilyCare online application is available at www.njfamilycare.org or by phone at 1-800-701-0710 (TTY: 711).

6. What information will I need to provide when applying for the Plan First Program?

You may need to provide:

- Identification and citizenship information, including social security numbers and immigration documentation
- Employer and income information for everyone in your household, such as paystubs, W-2 forms, wage earnings and/or tax statements
- Policy/identification numbers for current health insurance policies
- Information about any job-related healthcare insurance that may be available to you and members of your family

7. How do I report a change in my circumstances?

All changes in circumstances must be reported within 10 days of the change. Changes may include pregnancy, a change in income or a new address. To report a change, please call the Eligibility Determining Agency (EDA) listed on the confirmation page of your application. Contact information for NJ FamilyCare is 1-800-701-0710 (TTY: 711) and a listing of local County Welfare Agencies is attached or can be found at:

<https://www.state.nj.us/humanservices/dfd/programs/njsnap/cbss/index.html>

8. Will I have to renew my eligibility for Plan First every year?

Yes. You will receive a renewal packet at least every 12 months from the Eligibility Determining Agency. This packet must be updated and returned within 30 days or your coverage will be terminated.

9. What doctors or providers participate in the Plan First Program?

Any family planning fee-for-service provider participating in NJ FamilyCare can be seen for the Plan First Program. See Medical Assistance Customer Centers list on Page 5.

10. What if I have healthcare insurance?

Your health insurance plan will be billed first for all services. Plan First is the last payor and will be billed if there is a remaining balance due; or when a benefit is provided that is not covered by your health insurance plan. You may be responsible for co-pays or out-of-pocket expenses required by your health insurance plan.

11. Do I have to pay a co-pay when using Plan First benefits?

If the Plan First Program is your only benefit, you will not have a co-pay. However, if you have healthcare insurance, your plan may require a co-pay.

12. Will there be an out-of-pocket expense for me when using Plan First benefits?

If your only benefit is through the Plan First program, you will not have an out-of-pocket expense. However, if you have health insurance you may have an out-of-pocket expense through your plan.

13. Will I need a prescription for birth control and condoms?

Yes, prescriptions are required for all birth control. This includes condoms. Your prescriptions can be filled at a pharmacy participating in NJ FamilyCare.

14. Can I get birth control and condoms whether I am a female or male?

Yes, family planning products and services are available with a prescription to women and men enrolled in Plan First.

15. Can I get any brand of condoms?

Yes, with a prescription.

16. How many boxes of condoms or birth control pills can I get at one time?

You can discuss with your healthcare provider to determine the amount prescribed.

17. Is Plan B or the ‘morning after’ pill covered?

Yes, with a prescription.

18. If I’m not eligible, are there other coverage options?

If you are ineligible for the Plan First Program and/or NJ FamilyCare Medicaid-sponsored programs, you may apply for health insurance coverage through GetCoveredNJ, the State Marketplace, at www.getcovered.nj.gov or contact a private health insurance company.

19. I didn’t apply for the Plan First Program, how did I get enrolled?

The NJ FamilyCare application includes a family planning question (see the question in the box below). ‘Yes’ was checked on your household’s application and all eligible members in the household were enrolled in the Plan First Program.

If any person on this application is not eligible for NJ FamilyCare would you like them to be evaluated for family planning services (Plan First Program)?

Yes *Check here for all applicants on this application to be evaluated for family planning services. Plan First is a program for women and men that provides only family planning and related services (such as birth control and some forms of reproductive health care). Family planning services do not provide minimum essential health care coverage (such as routine care).*

20. What if I am enrolled in the Plan First Program and want to disenroll?

If you would like to disenroll from the Plan First Program, please call NJ FamilyCare at 1-800-701-0710 or (TTY: 711) to voluntarily withdraw from the program.

21. What is the contact information for NJ FamilyCare?

Website: www.njfamilycare.org
Phone: 1-800-701-0710 (TTY: 711)

COUNTY WELFARE AGENCIES		COUNTY WELFARE AGENCIES continued	
Atlantic County Department of Family & Community Development 101 South Shore Road Northfield, NJ 08225	609-645-7700	Ocean County Board of Social Services 1027 Hooper Avenue, P.O. Box 547 Toms River, NJ 08754-0574	732-349-1500
Bergen County Board of Social Services 218 Route 17 North Rochelle Park, NJ 07662	201-368-4200	Passaic County Board of Social Services 80 Hamilton Street Paterson, NJ 07505-2057	973-881-0100
Burlington County Board of Social Services Human Services Facility 795 Woodlane Road Mount Holly, NJ 08060-3316	609-261-1000	Salem County Board of Social Services 147 South Virginia Avenue Penns Grove, NJ 08069-1797	856-299-7200
Camden County Board of Social Services Althea R. Wright Administration Building 600 Market Street Camden, NJ 08102-1255	856-225-8800	Somerset County Board of Social Services 73 East High Street, P.O. Box 936 Somerville, NJ 08876-0936	908-526-8800
Cape May County Board of Social Services Social Service Building 4005 Route 9 South Rio Grande, NJ 08242-1911	609-886-6200	Sussex County Division of Social Services 83 Spring Street, Ste 203, P.O. Box 218 Newton, NJ 07860-0218	973-383-3600
Cumberland County Board of Social Services 275 North Delsea Drive Vineland, NJ 08360-3607	856-691-4600	Union County Division of Social Services 342 Westminster Avenue Elizabeth, NJ 07208-3290	908-965-2700
Essex County Department of Citizen Services Division of Welfare 321 University Avenue, 2 nd Floor Newark, NJ 07102	973-733-3000	Warren County Division of Temporary Assistance and Social Services 1 Shotwell Drive Belvidere, NJ 07823	908-475-6301
Gloucester County Division of Social Services 400 Hollydell Drive Sewell, NJ 08080-9318	856-582-9200	MEDICAL ASSISTANCE CUSTOMER CENTERS	
Hudson County Department of Family Services Division of Welfare 257 Cornelison Avenue Jersey City, NJ 07302	201-420-3000	Atlantic Burlington Camden Cape May Cumberland Gloucester Mercer Salem	One Port Center 2 Riverside Drive, Suite 300 Camden, NJ 08103-1018 Fax 856-614-2575
Hunterdon County Department of Human Services Division of Social Services 6 Gauntt Place, P.O. Box 2900 Flemington, NJ 08822-2900	908-788-1300	Essex Hudson	153 Halsey Street 4 th Floor Newark, NJ 07102-2828 Phone 973-648-3700 Fax 973-642-6468
Mercer County Board of Social Services 200 Woolverton Street, P.O. Box 1450 Trenton, NJ 08650-2099	609-989-4320	Hunterdon Middlesex Monmouth Ocean Somerset Union	100 Daniels Way 1 st Floor Freehold, NJ 07728-2668 Phone 732-863-4400 Fax 732-863-4450
Middlesex County Board of Social Services 181 How Lane, P.O. Box 509 New Brunswick, NJ 08903	732-745-3500	Bergen Morris Passaic Sussex Warren	100 Hamilton Plaza 5 th Floor Paterson, NJ 07505-2109 Phone 973-977-4077 Fax 973-684-8182
Monmouth County Division of Social Services 3000 Kozloski Road, P.O. Box 3000 Freehold, NJ 07728	732-431-6000		
Morris County Office of Temporary Assistance 340 W. Hanover, P.O. Box 900 Morristown, NJ 07963-0900	973-326-7800		