# HMO Plans by County

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<th>HMO Plans by County</th>
<th>Atlantic</th>
<th>Bergen</th>
<th>Burlington</th>
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# NJ FamilyCare Health Plans

**Aetna Better Health® of New Jersey**

- **1-855-232-3596 • TTY 711 (24/7)**
- www.aetnabetterhealth.com/nj

**Get more with Aetna Better Health**

- **Benefits, rewards, and plan perks you won’t want to miss**
  - Access top, local providers - no referrals needed
  - Comprehensive dental care and vision care,
  - Wellness exams,
  - Maternity care* (Care management, Doula Services, Breastfeeding supplies and Support), and
  - Pharmacy services.*

*Co-pays may apply for some NJ FamilyCare members

**Dental Home Program for the whole family**

We now have a program to ensure you and your family have a primary care dentist (PCD) and a dental home, available to all ages.

**Your Neighbor in Better Health**

Visit us at Healthcare Central in Newark, New Jersey for help with:

- Signing up for NJ FamilyCare
- Finding a provider
- Understanding the NJ FamilyCare renewal process

**Extra Support for Moms:**

A program to help support you through pregnancy, delivery, and your baby’s first few months. Earn Healthy Rewards towards strollers, car seats and more.

Call Member Services to learn more about the program.

*Must be an Aetna Better Health member for one year to be eligible for program.

When health is on your mind, keep us top of mind.

# Amerigroup NJ, Inc.

- **1-877-453-4080 • TTY 711**
- www.myamerigroup.com/NJ

**Since 1996, Amerigroup Community Care has proudly served NJ FamilyCare members in New Jersey.** With our experience, we understand what you want from a health plan. Let us help you get the most from your NJ FamilyCare benefits!

**THE BENEFITS YOU NEED**

- **No Referrals Needed:** See any of our in-network providers, not just limited to primary care, dentists and OB/GYNs.
- **24-Hour Nurse HelpLine:** Get medical advice and information from a nurse 24 hours a day, 7 days a week.
- **Eye and Dental Benefits:** Get routine preventive vision and dental care, including a $100 credit toward contact lenses for qualifying members, select frames and more.
- **Special Needs Care Management:** All members with special needs have a Care Manager to assist with an individualized plan of care.
- **Prescription Drug Coverage:** for the medicine you need to stay in good health and $15 every quarter for Over the Counter (OTC) items.

**THE EXTRAS YOU WANT**

- **Healthy Rewards:** Gift cards for completing recommended health screenings and wellness activities, such as: lead screenings for children, flu shots, and diabetes services, such as an annual dilated eye exams and Hemoglobin A1c testing.
- **Extra Support for Moms:** A program to help support you through pregnancy, delivery, and your baby’s first few months. Earn Healthy Rewards towards strollers, car seats and more.
- **Free Online Resources:** For members to help find food, jobs, housing, legal advice and other things you may need in the community.
- **Community Care Resource Centers:** Where you can come and talk to an Amerigroup representative face to face to learn more about your benefits, community programs and services, and get your questions answered, and more.
**Putting You First:** At Fidelis Care, we put you and your family first. This means you get the care and services you need to stay healthy and live happy.

**No Referrals Needed:** You can select to visit any of our in-network specialists without needing a referral.

**My HealthPays Rewards Program:** Earn reward dollars, via gift cards, when you complete healthy activities such as routine annual checkups.

**Prenatal Rewards Program:** This program helps our moms-to-be focus on staying healthy and going to all their doctor visits during their pregnancy. Members who complete the program can earn a free gift.

**24-Hour Nurse Advice Line:** All members can call to receive medical advice from registered nurses 24 hours a day, 7 days a week, every day of the year.

**Physician (Provider) Services:**
- **PCP:** A provider is assigned to each member to provide their care or arrange for them to see a specialist.
- **Prescriptions:** Coverage for medicine provided by your providers.

**Member Assistance:**
- Personal help arranging doctor appointments, social services, and more.
- All materials are available in English, Spanish, and other languages upon request.
- Translation services available to members who are hearing-impaired, or who speak a language other than English.

**Community Resources:** Our dedicated CommUnity Assistance Line connects you with local, community-based services such as food, transportation, childcare and more.

**Care Management:** We offer targeted care management programs to children and adults. Some programs include:
- Asthma
- Diabetes
- HIV/AIDS
- High Risk Pregnancy

Care managers are trained to help members, their family and their PCP’s arrange services (including referrals to special care facilities for highly specialized care) that may be needed to manage illnesses. Choosing a health care plan is a big decision, and we want you to have the facts you need to make the choice that’s right for you.

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**Keeping You and Your Family Healthy:**
The only NJ FamilyCare plan from Horizon Blue Cross Blue Shield of New Jersey. We are your hometown health plan. Get the benefits your family is looking for with Horizon NJ Health.

- **One of the largest provider networks** in New Jersey — choose from more than 20,000 doctors
- **No referrals** needed to visit your dentist, Ob/Gyn, schedule a mammogram or have routine eye care
- **Coverage for contact lenses and glasses** plus other vision benefits
- **Prescription drug coverage** for those provided by your doctor, as well as some over-the-counter medicines
- **Nurse Helpline** to answer your medical questions and a **Members Services Helpline** to answer your questions about your plan, available to you 24 hours a day, seven days a week

**Additional health support programs centered on you and your family:**
- **Managed Long Term Services & Supports (MLTSS) program** for people who need health and long-term care services like home and personal care to stay in their homes
- **Healthy Pregnancy Program** to support you all the way through to delivery and your baby’s first 60 days. Get routine Ob/Gyn visits, care management services, nutritional advice and breast-feeding help
- **Care Managers available to Members with Special Needs** to help enhance the quality of our members’ care
- **Horizon Neighbors in Health** connects you to community and health resources to help you on your path to better health and wellness
- **Education Works** can help you earn your high school equivalency diploma. We will give you a custom plan that fits your life to help you prepare and get your high school diploma. Best of all, it’s no cost to you. Nothing is more important to us than your family’s good health. We are here for you when you need us the most.

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**THE BENEFITS YOU NEED**
- Primary Care Doctor for each member
- Dental cleanings, check-ups, and dental work
- Eye exams and glasses or contact lenses
- Appropriate preventive care for each age group, such as, vaccines, well visits, diabetic, asthma and cardiac care
- No referrals needed to visit your dentist, Ob/Gyn, schedule a mammogram or have routine eye care
- Care management to provide health information and help you manage your care and services

**THE ADDITIONAL SUPPORT YOU WANT**
- **Nurse Advice Line** – Reach a nurse 24/7, every day
- **Member Services** available 24/7, every day
- **Healthy First Steps** program for pregnant members, new moms and their babies
- **FIDESNP** plan option for those with Medicare and Medicaid coverage
- **Managed Long-Term Services & Supports** - program focused on serving frail, elderly, and disabled individuals that combines traditional health care benefits (doctor visits, hospital stays, labs) and long-term services and supports (providing help in home or community with daily living activities)